

Coronavirus (COVID-19)

The City of Waynesboro government is closely monitoring developments related to the spread and prevention of the coronavirus. Our key concerns are for the health of our employees and the public and for ensuring consistent delivery of essential local government services should the coronavirus effect our region.

For most people, the symptoms of the coronavirus are mild and similar to the common cold or other respiratory ailments. For a small percentage of individuals, primarily the elderly or people with existing health problems, the virus may be serious and even life-threatening. There are simple things you can do to help keep yourself and others healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

If you would like more information regarding the coronavirus, its threat and how to best protect yourself you may refer to the following reliable sources:

Virginia Department of Health Coronavirus info <http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/>

U.S. Centers for Disease Control (CDC) Coronavirus info <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

The Virginia Department of Health has established a call center for questions related to COVID-19, 877-ASK-VDH3 (or 877-275-8343). You can also call the local office of the Virginia Department of Health at 540-332-7830.